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The official government source for fuel economy information

U.S. DEPARTMENT OF
ENERGY

Energy Efficiency &
Renewable Energy



Save money and fuel with our gas mileage tips!

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Save money and fuel by following these tips:

- **Drive sensibly.** Aggressive driving can lower your MPG by roughly 15% to 30% at highway speeds and 10% to 40% in stop-and-go traffic.
- **Observe the speed limit.** Each 5 mph you drive over 50 mph lowers your fuel economy by about 7%.
- **Avoid hauling cargo on your roof.** It increases aerodynamic drag, which lowers fuel economy.
- **Remove excess weight.** Avoid keeping unnecessary items in your vehicle, especially heavy ones.
- **Avoid unnecessary idling.** Idling gets 0 miles per gallon.
- **Address engine issues promptly.** When the “check engine” light comes on, have your vehicle inspected by a mechanic.
- **Keep tires properly inflated.** Check the sticker inside your door or glove box for the proper pressure.
- **Use the recommended grade of motor oil.** Also, look for motor oil that says “Energy Conserving” on the API label.
- **Plan and combine trips.** Several short trips use more fuel than one combined trip.
- Walk, bike, and take advantage of carpools and public transportation when possible.

For more tips and information, visit fuel economy.gov.



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